

Dignity, Respect and Values

The aim of our Dignity, Respect and Values course is to help learners foster a supportive workplace culture by equipping them with the knowledge and tools to infuse all interactions with kindness and respect. If you work in the health and social care field, you'll find this course particularly useful in amplifying your impact and delivering compassionate care.

With engaging discussions, relatable scenarios, and interactive activities led by our experienced training team, you will develop practical strategies to provide dignified care. Learners will leave with the confidence to champion compassion and create spaces where everyone feels valued and respected.

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Learning Outcomes

- Understand how it feels for a person to not be treated with dignity and respect
- Understand the principles that underpin dignity, respect and privacy in care
- Maintain the dignity of the individual
- Support an individual's right to make choices
- Understand how to promote effective communication
- Maintaining dignity in the presence of dementia
- Understand the reasons how to challenge practice which does not treat individuals with dignity and respect

Course Content

- **Module 1:** Experiential activities to understand the personal impact of a lack of dignity and respect
- **Module 2:** The importance of personal dignity and how small changes can make big differences
- **Module 3:** Awareness of actions that can invade privacy, without realising
- **Module 4:** Exploration of different methods of supporting people to make their own choices
- **Module 5:** How dementia impacts upon dignity and respect
- **Module 6:** Inappropriate care and support that is not dignified or respectful and how to challenge this.